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Exhale the Past.**

**Academic Discussion
by Eminent Speakers
From Across The
Country**



Registration Fee For Participant:

External : Rs. 500/-
Internal : Rs. 200/
Students : Free - on prior registration

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**Limited Seats,
Registration will be on
First Come First Serve basis**

For Registration Please Contact

Mr. Saji K.S, 9846777688
Dr. Arun Thejaus K P, 9995999255

Email: sctyoga@gmail.com

For more details visit
www.sctimst.ac.in/conferences/



Colloquium on “Integration of YOGA in Cardiac and Neurologic Conditions”



**June 24, 2019
at AMC Auditorium, SCTIMST, Trivandrum**

Organized by



**Sree Chitra Tirunal Institute for Medical Sciences and
Technology, Trivandrum
email : sct@sctimst.ac.in, www.sctimst.ac.in**



Indian Naturopathy & Yoga Graduates Medical Association
www.inygma.org



Colloquium on “Integration of yoga in Cardiac and Neurologic Conditions”



Namasthe,

With immense pleasure we invite you to the colloquium on "Integration of YOGA in Cardiac and Neurologic Conditions" organized by Sree Chitra Tirunal Institute for Medical Sciences and Technology (SCTIMST), Trivandrum in collaboration with the Indian Naturopathy & Yoga Graduates Medical Association (INYGMA) on 24th June 2019. Eminent lectures from across the country will take the sessions. The topics are based on Yoga research in Neurology and Cardiology and holistic health science of yoga.

We heartily welcome you to be the part of this event.

Mr. Saji K.S
Convener

Dr. Biju Soman
Chairperson

International Day of Yoga Committee(IDYC) SCTIMST

Program Committee

Dr. Asha Kishore

- **Patron**

Dr. Biju Soman

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Dr. Arun Thejaus K P

- Member

Dr. Mukund A Prabhu

- Member

Mr. Saji K S

- Convener

PROGRAM

June 24, 2019

9:00 am - 9.30 am : REGISTRATION & TEA

9:30 am - 10:15 am : INAGURATION SESSION

INVOCATION

PRESIDED BY : Dr. Biju Soman, Chairperson, IDYC -SCTIMST

WELCOME ADDRESS : Dr. Shimji P Nair, President ,INYGMA - Kerala Chapter

INAUGURAL ADDRESS : Dr. Asha Kishore, Director, SCTIMST

PRESIDENTIAL ADDRESS : Dr. Biju Soman, Professor, AMCHSS, SCTIMST

FELICITATIONS : Dr. Harikrishna Varma P.R, Head BMT Wing, SCTIMST

: Dr. Kavita Raja, Medical Superintendent, SCTIMST

: Dr. Sankara Sarma P, Dean, SCTIMST

: Dr. Shirley Telles, Director, Patanjali Research Foundation, Haridwar & Head, ICMR Center for Advanced Research in Yoga & Neurophysiology

: Dr. Naveen K Visweswaraiah, National President, INYGMA & Medical Director, Yogaksema, Bengaluru

VOTE OF THANKS : Mr. Saji K.S, Convener, IDYC - SCTIMST

RESEARCH TOPIC INTRODUCTION

10:20 am – 10:30 am : Dr. Arun Thejaus K P, Research Fellow, SCTIMST

LECTURE SERIES

10:30 am – 11:15 am : Dr. Shirley Telles

11:15 am – 11:45 am : Dr. Narayanan Namboodiri K.K, Professor, Cardiology, SCTIMST

11:45 am – 12:00 pm : Dr. Syam K, Addl. Professor, Neurology, SCTIMST

12:00 pm – 12:45 pm : Dr. Naveen K Visweswaraiah

12: 45 pm– 1:00 pm Panel Discussion by Speakers

NATIONAL ANTHEM

1:00 pm

LUNCH